



Child First Family Services
129 East Orange Street
Lancaster, PA 17602
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www.childfirstfamilyservices.com

Workshop: Strategies to Deal with Puberty

From an Educator and Mother of Students on the Spectrum

Pre-pubescence and puberty is difficult for all students. Those on the autism spectrum have a disadvantage with their already poor or low social skills, questionable hygiene, and anxiety in a variety of settings. Please attend this workshop to listen to stories of a mother/special education educator who experienced this “coming of age” with her own son and students.

Topics will include:

- First Crushes
- Attempting new social situations
- Menstruation/Spontaneous Erections
- Wet Dreams
- Masturbation
- Hygiene
- Sex Questions
- Social Slang
- Social Media

If interested, please contact Child First Services at the above phone number and/or email. Attach or mention any topics that interest you for this workshop. Child First Family Services is also taking suggestions for other workshops. All ideas are welcome.

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When: Wednesday March 16th, 2016 6:30-8pm

Where: 129 East Orange St. Lancaster, PA 17601

Cost: \$10 per Family

Presented by: Bridgett Mead

